



5 Signs You're Being Denied Overtime

Overtime violations are more common than you think—especially in New Jersey. This guide helps you identify if your employer is violating wage laws and what steps you can take to protect your rights.



Not Getting Paid What You Deserve?

Overtime violations are more common than you think—especially in New Jersey. This quick checklist helps you spot the red flags fast.

When employers fail to properly compensate non-exempt workers, they're not just cutting corners—they're breaking the law. Understanding your rights is the first step toward ensuring fair compensation.



5 Warning Signs of Overtime Violations



You're Told You're "Exempt"—But You're Not Sure Why

Many employers wrongly classify employees as exempt to avoid paying overtime. If you don't supervise others or make high-level decisions, you may still be eligible.



You Work Off the Clock—Unpaid

If you're expected to answer emails, prep for shifts, or stay late without pay, that could be a wage violation.



Your Breaks Are Interrupted or Skipped

Legally required breaks must be uninterrupted. If you're working through meals or being called back to work, you may be owed overtime.



You're Paid a Salary But Work 50+ Hours a Week

Being salaried doesn't automatically mean you're not entitled to overtime. Job duties, not pay structure, determine eligibility.



You've Been Pressured Not to Report Extra Hours

If management discourages you from recording all your hours, that's a red flag—and possibly illegal.



Take Action Today

If you recognize any of these signs, you may be entitled to significant back pay, including overtime at 1.5x your regular rate. New Jersey has strong worker protection laws that may help your case.

Think you've been denied overtime in New Jersey? Swartz Swidler can help. Call (856) 685-7420 or visit [swartz-legal.com](https://www.swartz-legal.com) for a free case evaluation.